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Accrediting institute - KTNO (HBO)

required part of N.S.K.S. (HBO) SHIATSU PROFESSIONAL DIPLOMA COURSE

## Dutch School for Classical Shiatsu

### Moxa Seminar 2017-2018

Moxibustion is part of Oriental medicine; it is a complementary and strengthening method that is used with many inconveniences and weaknesses. It was originally developed in the northern, colder part of China. It is still used daily in China. Moxibustion mostly involves the use of Moxa, which is dried mugwort (*Artemisia vulgaris*). Shiatsu practitioners use Moxa in two different forms: Moxa pressed into cigar-like sticks, and Moxa looking like “wool” combined with slices of ginger. Many forms of pain and slowed-down functioning respond very well to a Moxa treatment.

Moxa seminars are organised twice a year.

#### Programme of a moxa seminar

Sunday 03 december 2017 WORKSHOP MOXA with Anushka Hofman.  
Saturday 17 february 2018 WORKSHOP MOXA with Alan Nash.

Class times are from 11:00 until 17:00 (please arrive at 10:45)

Class begins with Do-In (for 45 minutes)

Moxa practical and theory for the rest of the day

Lunch break for one hour, from approximately 13:00 until 14:00

Tea and coffee are provided by the school

Please make sure to bring your own lunch (lunch can also be bought in the vicinity of the school) of the school)

Place: Hendrik Zwaardercroonstraat 197-199, 2593 XP Den Haag

Price: € 90,00

All materials included in the price

Smokeless moxa special price for students € 7,50 & moxa wool € 10.-

Digital registration: [www.shiatsu.nl](http://www.shiatsu.nl) - phone +31 70 383 15 00

